If you or someone you care about suffers with a mental illness, stress, depression, anxiety or has difficulty with alcohol or drug abuse ... we can help.

281.893.7200
~ 24 hours a day, seven days a week ~

www.intracare.org
IntraCare Behavioral Health

In This Place:

Courtesy Governs Interaction
Dignity Can Be Found
Hope Grows

Who Cares? I Care
~ Mission Statement

IntraCare North Hospital is not-for-profit, private psychiatric hospital. It provides a continuum of behavioral healthcare services for children, adolescents and adults. We strive to create an environment of respect for our patients' rights and dignity. Our commitment is to treat patients in the least restrictive environment possible.

Children's Services
- Children ages 6 to 12
- Inpatient Treatment Program
- Day Treatment Program

Adolescent Services
- Teens ages 13 to 17
- Psychiatric and substance abuse services
- Inpatient Treatment Program
- Day Treatment Program
- Intensive Outpatient Program (IOP)

Adult Services
- Adults 18 and older
- Psychiatric and substance abuse services
- Inpatient Treatment Program
- Day Treatment Program
- Intensive Outpatient Program (IOP)
- Electroconvulsive Therapy (ECT)

More detailed information about services is available at www.intracare.org or call:

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Accreditation and Licensure
- The Joint Commission
- Texas Department of State Health Services

IntraCare North accepts Medicare, Medicaid and most insurance plans. Please call for more information about a specific health plan.

Programs

- Inpatient Treatment Program: for those individuals who require 24 hour care in a highly structured environment. The focus of treatment is on crisis intervention, stabilization and assessment of the patient's needs. The treatment team, led by a psychiatrist, provides services that may include individual, family and group therapies, education groups, recreational therapy, relapse prevention and discharge planning.

- Day Treatment Program: provides six to eight hours of programming per day. Services may include individual, family and group therapies, education groups, relapse prevention and process groups. It is a more structured program than traditional outpatient therapy and may be used as an alternative to hospitalization or as a step-down program upon discharge from the hospital.

- Intensive Outpatient Program: programming is similar to that of the Day Treatment Program, but provides services an average of 10 to 15 hours per week.

- Electroconvulsive Therapy (ECT): ECT is a procedure in which a small amount of electrical current is sent to the brain. ECT is given as a course of treatments and may be provided on an inpatient or outpatient basis.

- Any program may serve as the point of entry or as a transition from another level of care.

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