

LOCATIONS

INTRACARE LAKE JACKSON

120 S. Parking Place
Lake Jackson, Texas 77566
979.292.0113

Intensive Outpatient Programs (IOP) for adolescents and adults.

INTRACARE MEDICAL CENTER HOSPITAL

7601 Fannin
Houston, Texas 77054
713.790.0949

INTRACARE NORTH HOSPITAL

1120 Cypress Station Drive
Houston, Texas 77090
281.893.7200

All services and programs are available at each hospital for all ages.

INTRACARE SUGAR LAND

Health Center I
1111 Highway 6 South, Suite 122
Sugar Land, Texas 77478
832.642.0827

Intensive Outpatient Programs (IOP) for adolescents and adults.



ADDITIONAL RESOURCES

Gulf Coast Center: 866.729.3848 (Crisis Phone), 409.763.2373, 281.488.2839 or www.gcmhmr.com

NAMI Gulf Coast: 888.554.2264 or www.namigulfcoast.org

The Jesse Tree: 409.762.2233 or www.jessetree.net

Bay Area Council on Drugs and Alcohol (BACODA): 800.510.3111 or www.bacoda.com

National Institute of Mental Health: www.nimh.nih.gov

If you or someone you care about suffers with a mental illness, stress, depression, anxiety or has difficulty with alcohol or drug abuse ... we can help.

979.292.0113 (Lake Jackson)

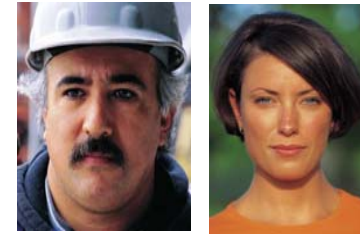
~ Monday through Thursday ~
or

713.790.0949 (Medical Center)
(ask for the Intake Department)

www.intracare.org



LAKE JACKSON
ADULT IOP



IntraCare ... caring "within"

INTRACARE LAKE JACKSON

To provide high quality, ethical and cost effective services in a safe and responsive environment.

~ Mission Statement

Caring for People with Difficult Problems

Everyone has problems of some kind. But when problems escalate to cause family chaos and interfere with the daily demands of life - professional help is needed.

IntraCare Lake Jackson offers an Intensive Outpatient Program (IOP). This IOP provides services four days a week, three hours per day. The IOP provides services to clients with mental health and addiction issues and seeks to teach them the skills they need to live a healthier life.

Treatment as Unique as the People We Serve

The Intensive Outpatient Program is designed to serve adults age 18 and older who need more frequent and comprehensive therapy than traditional outpatient settings can provide. The program is also appropriate for individuals who are ready for discharge from an inpatient setting but who require structured, intensive therapy to ease the transition from the hospital to home.

The program provides help in a caring and comfortable environment each day, while allowing clients to return home in the evenings and on weekends.

Who is eligible for IOP?

The Intensive Outpatient Program (IOP) may be appropriate for an individual who is:

- 18 years or older
- Agreeable to participating in the program
- Ambulatory and physically able to participate
- Able to maintain control of impulses and effectively participate in the program
- Not a danger to self or others and
- Currently resides in a safe, secure and supportive residence
- Has a primary psychiatric diagnosis with acute symptoms

Program Costs

Because clients are at home on weekday evenings and weekends, fees are lower than those associated with 24 hour inpatient services. Most insurance companies and Medicare provide coverage for IOP services. Individuals may want to contact their insurance provider to determine coverage. However, IntraCare Lake Jackson has experienced staff who are more than happy to help facilitate this process.

Our entire treatment team works closely with each client to develop an aftercare plan for continuing care following participation in the IOP. This often requires coordinating a variety of therapeutic and community resources. We are happy to work with the client's family, outpatient therapist and family physician, to make sure the needed support services are in place. Planning for this continuation of support begins at admission and continues after discharge.

Referrals and Admissions

The IntraCare Lake Jackson program is supported by the resources of IntraCare Hospital. Clients participating in the program whose needs require additional services can easily access other levels of treatment.

Referrals to the IntraCare Lake Jackson program can be made by a physician, health professional, social service agency, family member or by the individual requesting care. Referrals may be made Monday through Thursday by calling **979.292.0113**.

Prior to admission, staff members will conduct an assessment and develop a personalized plan of care for each client. The client's care is guided by a psychiatrist. If the client is not currently under the care of a psychiatrist, staff will assist in enlisting a physician's services. Treatment Team members include doctors, nurses, program therapists and psychiatric technicians.

Hours of Operation

- Monday, Tuesday, Wednesday and Thursday
- 10:00 am to 2:00 pm or by appointment

Consultations are available at no charge for potential program participants and their families with one of our behavioral health professionals. To schedule an appointment for a consultation, please call:

979-292-0113

~ Monday through Thursday ~

www.intracare.org